



**HESS PHYSICAL THERAPY**

*THE RESULTS YOU WANT. THE CARE YOU DESERVE.*

[www.hesspt.com](http://www.hesspt.com)

**Free Food, Prizes, Local Business Discounts!**

**GRAND OPEN HOUSE & HEALTH FAIR**

**Sunday, November 11<sup>th</sup> 9am – 6pm**

**9 AM – NOON** | *Drop by our Open House to see our newest physical therapy clinic, and join us for donuts, fruit and coffee. You'll also have a chance to win prizes, and meet like-minded local health and wellness businesses: Fitness Specialists, Anesthesia Nurse, Medical Insurance Broker, Massage Therapist, Golf Specialist, and more!*

**NOON – 6 PM** | *At our Health Fair, you'll learn everything you need to know to improve your health naturally without medications, injections, and surgery!*



# HEALTH FAIR FOR NATURAL HEALING

## NOON-6PM SUN, NOV 11<sup>th</sup>

*Learn everything you need to know to improve your health naturally without medications, injections, and surgery!*

**\*\*Seating is limited to 15... if you would like to attend call 412-487-2787 to register!**

**NOON TO 1PM | Dr. Andrew Dulak**

**Lower Back Pain and Sciatica** *(15 seats available)*

Learn the Top 3 Causes for Lower Back and Sciatica Pain...  
and how to start feeling better today!

**1:30 PM TO 2:30 PM | Dr. Jessica Papale**

**Balance and Falls** *(15 seats available)*

Learn how to feel more stable walking and stop feeling unsteady on your feet!

**3:00 PM TO 4:00 PM | Dr. Sean Sieg**

**Rotator Cuff and Shoulder Pain** *(15 seats available)*

Learn the secrets to reducing shoulder pain and avoiding surgery!

**4:30 PM TO 5:30 PM | Dr. Andrew Dulak**

**Knee and Hip Pains** *(15 seats available)*

Learn how the real cause for knee and hip pains... and a new way  
to squatting that reduces pain immediately!



**DAN HAAS**  
*Licensed Massage Therapist  
Certified Hypnotherapist*



**KAREN JACKSON  
PENROD**  
*Licensed Insurance Broker  
Jackson Financial*

**Seating for each session is limited to 15 seats.  
Call 412-487-2787 to register.**